



# WEYMOUTH, MA



293 LIBBEY INDUSTRIAL PARKWAY UNIT 200  
WEYMOUTH, MA 02189 | (781) 556-1638

	MON	TUE	WED	THU	FRI	SAT	SUN
6:00 am		<b>BJJ Gi All Levels</b> 6:00 am - 6:45 am	<b>BJJ Gi Adults All Levels</b> 6 am - 6:45 am	<b>BJJ Gi All Levels</b> 6:00 am - 6:45 am			
7:00 am							
8:00 am							
9:00 am							
10:00 am						<b>BJJ No Gi All Levels</b> 9:00 am - 10:00 am	<b>Family Open Mat</b> 9:00 am - 10:00 am
11:00 am		<b>BJJ Gi Drills &amp; Grapple</b> 10:00 am - 11:00 am		<b>BJJ Gi Drills &amp; Grapple</b> 10:00 am - 11:00 am		<b>BJJ Gi All Levels</b> 10:00 am - 11:00 am	<b>Competition Class</b> White Belts 2 Stripes and Above 10:00 am - 11:15 am
12:00 pm							
1:00 pm	<b>BJJ Gi All Levels</b> 12:00 pm - 1:15 pm	<b>BJJ Gi All Levels</b> 12:00 pm - 1:15 pm	<b>BJJ Gi All Levels</b> 12:00 pm - 1:15 pm	<b>BJJ Gi All Levels</b> 12:00 pm - 1:15 pm	<b>BJJ No Gi All Levels</b> 12:00 pm - 1:15 pm		
2:00 pm							
3:00 pm							
4:00 pm							
5:00 pm	<b>BJJ Gi All Levels</b> 4:00 pm - 5:00 pm		<b>BJJ Gi All Levels</b> 4:00 pm - 5:00 pm				
6:00 pm	<b>BJJ Gi Kids</b> 5:00 pm - 5:45 pm	<b>BJJ Gi Teens</b> 5:00 pm - 6:00 pm	<b>BJJ Gi Kids</b> 5:00 pm - 5:45 pm	<b>BJJ Gi Teens</b> 5:00 pm - 6:00 pm	<b>BJJ Gi Teens</b> 5:00 pm - 5:45 pm	<b>BJJ Gi Kids</b> 5:00 pm - 5:45 pm	<b>BJJ Gi Teens</b> 5:00 pm - 6:00 pm
7:00 pm	<b>BJJ Gi Fundamentals</b> 6:15 pm - 7:15 pm	<b>BJJ Gi Drill for Skill / BJJ Women's Class</b> 6:00 pm - 7:00 pm	<b>BJJ Gi Fundamentals</b> 6:15 pm - 7:15 pm	<b>BJJ Gi Drill for Skill</b> 6:00 pm - 7:00 pm		<b>Open Mat Gi All Levels</b> 6:15 pm - 7:15 pm	
8:00 pm	<b>BJJ Gi All Levels</b> 7:15 pm - 8:15 pm	<b>BJJ Gi Advanced Blue Belts and above</b> 7:00 pm - 8:00 pm	<b>BJJ No Gi</b> 7:15 pm - 8:15 pm	<b>BJJ Gi Advanced Blue Belts and above</b> 7:00 pm - 8:00 pm			
9:00 pm							

\* NOTE: PRIVATE CLASSES ARE AVAILABLE BY APPOINTMENT